

All learners joining Red Balloon of the Air are required to undertake an Online Safety course, which covers the following areas:

Self-esteem and Online Grooming

- Recognising the signs and causes of low self-esteem and how to build self-esteem
- The strategies to deal with seeing unwanted content online
- How to recognise online grooming in different forms
- How to respond and seek support

Human Rights in the Online World

- How human rights affect the online world
- The opportunities and risks of online relationships
- Behaving legally, ethically and responsibly online
- Strategies to challenge discrimination and prejudiced-based bullying online

Scams and Gambling

- The common forms of fraud and online scams.
- How to assess and manage risks associated with chance-based transactions.
- How to identify and access support for concerns relating to online life.

Navigating Our Relationship with Artificial Intelligence (AI)

- What AI is and how it's used in daily life
- How AI systems work and affect people's lives
- Potential challenges of AI becoming part of daily life

Fake News and Echo Chambers

- How to critically analyse different sources of information
- How to assess the reliability of media sources and social media content
- Understanding the risks of echo chambers on social media