

Policy document control box

Policy title	PSHE Policy
Policy owner (including job title)	Hannah Curry, Headteacher
Version	2.01 (updated 22.10.2024)
RBAir approving body	RBET Trustees
Date of meeting when version approved	13 June 2024
Date of next review	June 2027
Signed by Headteacher	<i>H. Curry.</i>
Date signed	13 June 2024
Signed by Chair of Trustees	
Date signed	

Policy contents:

1. Purpose	2
2. Scope.....	2
3. Policy statement, provision and safeguards	2
4. Practice.....	3
Legislation/guidance that informs this policy.....	3
Other RBAir policies that should be read in conjunction with this one	3

1. Purpose

This policy enshrines that Personal, Social and Health Education (PSHE) forms a vital element of Well-Being at RBAir. It promotes respect for others and helps to equip learners to live healthy, safe, productive, capable, responsible and balanced lives. RBAir is committed to providing learners with learning experiences that enable them to explore key concepts and to develop the understanding, skills and attributes that are essential for the opportunities, responsibilities and experiences of life.

2. Scope

The Headteacher is responsible for ensuring that there is a robust PSHE curriculum and Schemes of Work. These may be produced, monitored and developed by a designated member of staff (PSHE Lead).

3. Policy statement, provision and safeguards

The RBAir PSHE curriculum is a four-year teaching programme which students follow having completed an initial six week Online Safety course on joining RBAir. The main programme is broken down into two 2-year programmes; one for KS3 and one for KS4. In addition to the statutory elements contained in the DfE guidance *Relationships Education, Relationships, Sex and Health Education (RSHE)* (Feb 2019), it incorporates the non-statutory areas of economic well-being and careers guidance, in accordance with the PSHE Association's Programme of Study. The curriculum is underpinned by Schemes of Work, to ensure thorough planning for effective provision.

The RBAir PSHE curriculum comprises three core themes, within which there is overlap and flexibility:

- Physical Health and Mental Well-Being
- Relationships, Sex and Health Education
- Living in the Wider World

Following PSHE Association guidance, within this framework adjustments are made, and content is adapted according to the learners' development, readiness and needs, to ensure that appropriate learning opportunities are provided. Where relevant, PSHE objectives may also be delivered and/or augmented outside formal PSHE lessons. The bespoke nature of RBAir's provision enables us to ensure that appropriate and accessible learning opportunities are provided for all learners, including those with Special Educational Needs and Disabilities.

To ensure compliance with requirements regarding Fundamental British Values (Updated Guidance, Nov 2014), all learners:

- participate in lessons that discuss and evaluate British values (democracy, the rule of law, individual liberty and mutual respect and tolerance);
- learn how the British system of government operates.

4. Practice

Through formal PSHE lessons and other learning opportunities (e.g. community sessions, individual mentoring), we aim to help learners to:

- understand how to stay safe;
- follow physically and mentally healthy lifestyles;
- make responsible and informed choices;
- be independent and self-disciplined learners;
- develop positive relationships;
- respect others, with particular regard to the protected characteristics defined under the Equality Act (2010);
- respect and value diversity, including challenging prejudice and discrimination;
- be prepared for their next placement (e.g. mainstream school, college);
- consider career opportunities;
- learn how to manage personal finances;
- develop an understanding of the economic and business environment;
- have a strong understanding of fundamental British values;
- understand and respect systems of rules and laws.

Under the guidance of the PSHE Lead, staff work collaboratively on resources and pedagogical approaches to ensure the sharing of good practice. In addition to ongoing informal monitoring and evaluation by staff, RBAir seeks feedback from learners about PSHE to help to develop further the quality of provision in this area.

Legislation/guidance that informs this policy

- Relationships Education, Relationships and Sex Education (RSE) and Health Education (DfE, Feb 2019)
- Careers Guidance and Access for education and training providers (DfE, Oct 2018)
- Independent Schools Regulatory Requirements (Jan 2015)
- Guidance on Promoting British Values in Schools (DfE, Nov 2014)
- Equality Act (2010)

Other RBAir policies that should be read in conjunction with this one

- Careers Policy
- Curriculum Policy
- Transition Policy
- Mental Health Policy
- Work Placement Policy